



CP 30 APRIL 1839

THE COCKERMOUTH FAMINE BOARD.

We have all along contended that the Poor Law Amendment Act was a cruel, harsh, and tyrannical measure, and that the poor under its provisions were left entirely at the mercy of the commissioners or guardians, both with respect to raiment, food, and treatment; therefore, we properly argued, if the guardians are humane men the poor will be benefited, if they are not the situation of the pauper may be truly deplorable. The principal object of the bill appears to us, as to many others, to be to find out the lowest point of subsistence at which human nature can exist, and to record sumptuously a horde of hungry Whigs. We have been favoured with a copy of the diet-table for *able-bodied* men and women in the Cockermonth Union, and we transfer it to our columns in order that every reader may judge for himself how serious he thinks the commissioners have approached the point of starvation by the establishment of a systematic ration-board in that union. It needs not one word of comment; but we cannot refrain from calling the attention of the Rev. Mr. Thompson, and other apologists and defenders of the *bastille* system, to this inhuman and abominable mode of starving the poor. We ask Mr. Thompson if he does not now see that the administration of the poor law, as we told him in reply to his letter some weeks ago, may be made whatever the guardians will it to be—that it may be merciful and humane at Ulverston and tyrannical and oppressive elsewhere. Instead of being well fed and clothed, as Mr. Thompson maintains the paupers are at Ulverston, he will discover that at Cockermonth the daily food of an *able-bodied* pauper is barely sufficient to keep body and soul together; and there is no account of any *work*, which he told us was given to paupers who required it in the Ulverston Union. Without further comment, however, we submit the dietary table to the perusal of the reader:—

DIETARY for ABLE-BODIED MEN and WOMEN in the COCKERMOUTH UNION.

Day	BREAKFAST					DINNER					SUPPER		
	Men	Women	Men	Women	Men	Men	Women	Men	Women	Men	Women	Men	Women
Sunday	1	1	4	4	1	1	1	1	1	7	7	1	1
Monday	1	1	4	4	1	1	1	1	1	7	7	1	1
Tuesday	1	1	4	4	1	1	1	1	1	7	7	1	1
Wednesday	1	1	4	4	1	1	1	1	1	7	7	1	1
Thursday	1	1	4	4	1	1	1	1	1	7	7	1	1
Friday	1	1	4	4	1	1	1	1	1	7	7	1	1
Saturday	1	1	4	4	1	1	1	1	1	7	7	1	1

* The pound and a half of potatoes are this day to be mashed together. † With the 2 oz. of peas, oatmeal and vegetables are promised. We have carefully examined Mrs. Glass's Cocker, but this daintiness of the Commissioners appears to have been unknown to that experienced lady.

CP 9 APRIL 1839

WHITEHAVEN UNION.

THE Board of Guardians of the Whitehaven Union were appointed on THURSDAY the Eleventh Instant, to Quarter Workhouses, at a Salary of £40 per Annum, whose Duties will be to perform Divine Service on the Sabbath Day, and attend and visit the Workhouses at least Once in each Week.

By Order,
J. B. POSTLETHWAITE,
Clerk to the Board.

CP 2 JULY 1839

WIGTON POOR LAW UNION.

We have had another Dietary Table sent us for publication, and if we may be allowed to form our judgment by comparison, we need not hesitate to say that the paupers' bill of fare, as here represented, is by far the best of any that we have yet seen. In Caldbeck workhouse the provisions are not only good, wholesome, and substantial; but, what is almost as beneficial to the pauper, he is not *sifted*, it appears, as in other Unions. There is here an ample allowance of bread, and no doling out of provisions by ounces and half ounces—no soup by the pint and milk by the gill, as we have noticed to be the case elsewhere. The sick, too, are allowed to be dieted as directed by the medical officer. We present the table as follows, and feel assured that the reader will observe a pleasing contrast between it and others which we lately published:

DIETARY FOR CALDBECK WORKHOUSE, IN THE WIGTON UNION.

Day	Breakfast.		Dinner.		Supper.	
	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Sunday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Monday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Tuesday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Wednesday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Thursday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Friday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.
Saturday	Male & Female	Porridge and Milk	Male & Female	Porridge, and Bread, and Meat, and Potatoes.	Male & Female	Broth and Bread.

The Sick are dieted as directed by the Medical Officer.
June 14, 1839.

THE CHURCH AND THE DISSENTERS.